

The Granville Gazette

From the Administrator:

RUMORS!

Surely it will come as no surprise that I am usually the last person at The Granville to become aware of the rumors going around. So it was with much surprise when a rumor finally came my way that... 'residents will be kicked out of The Granville if they have a fall or two.'

Uh oh, I thought. Time to set the record straight!

When I thought about this particular rumor, it did make sense. After all, you all have had friends here recently who have had to leave after suffering a fall. But what you probably were not aware of was their previous history of falls or their specific medical condition.

Falls can be very serious, of course, because they can cause major injury that sometimes cannot be overcome within our four walls. When this happens, the next step may be rehab until the injury heals.

When a resident is experiencing numerous falls, there is often times an underlying medical reason for the falls. For these individuals, going to their doctor is imperative. Maybe there is an infection that just needs an antibiotic to help restore balance. Or maybe there is something more serious going on that needs to be addressed medically.

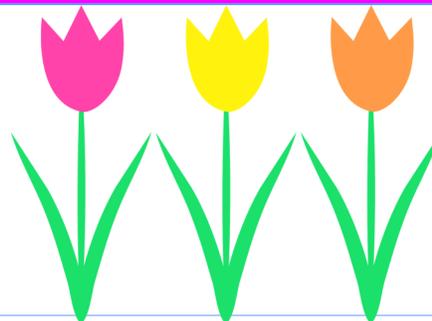
Our Fall and Lift Policy states that if a resident has three or more falls within three months, the physician will be notified. There are times when the answer is as simple as a little physical therapy to work on balance and strengthening. Your physician must be involved in this decision and give the order for therapy before it can begin.

Sometimes the injury cannot be overcome to the degree that living at The Granville is still a feasible option. For these residents it is important to find a housing situation where they can receive the care and support necessary.

So you can see that each person and each situation is treated individually. Hopefully that helps to squash the rumors. Even though that rumor is not true, what is true is that we take your health very seriously and wish for all of you to get the care you need, when and where you need it. Stay safe and don't believe everything you hear!

Sara Taylor
Executive Director

April 2016



From the Activities Director:

Reading is by far my favorite past time, I enjoy learning about new things and living briefly the lives of detectives, fair maidens, and historical figures. Every 1st and 3rd Wednesday we receive a visit from The Book Mobile. This is a great resource to borrow books and DVD's from time to time.

The Book Mobile is here for a full hour during its scheduled time. For your own and others' safety consider taking your time getting to the Book Mobile. This will allow for less residents crowding in the bus in the beginning and give you time to really look at the selection they have. If you are concerned that an item will not be available by the time you get there ask Jacob to reserve you a copy so it will be there the next time.

Carrie Peters– Activities Director

April Outings

4/5 Lunch @ The Olive Garden

4/11 Shopping @ Kingsoopers and \$Tree

4/13 Bingo @ Elks Lodge

Welcome to The Granville



Anita Hathaway



Roxana Temple



Robert Thompson



Ernestine Padilla

Residents Who Have Moved

Jackie Cowan

Nora Ryan

Marcelle Cordell

Happy Birthday!

Residents

Maxine Wheeler	4/2
Chris Sills	4/3
James Fujiwara	4/5
Clo Carroll	4/7
Rudy David	4/8
Maria Giron	4/14
Charlie Peterson	4/16
Leona Shambaugh	4/20
Carol Schmidt	4/21
Frosty Nelson	4/24
Char Waybill	4/25

Employees

Tiffany Hernandez	4/21
Kasie Lord	4/26



Life at The Granville



March Fun!



The Granville's Department Head Staff

Urbano Avila– Food Services Director
Kathy Brock– Bookkeeper/Marketer
Lesley Brown– Medication Coordinator
Andrew Cortinez– Maintenance Coordinator
Carrie Peters– Activities Director
Jaime Tafoya– Medication Coordinator
Sara Taylor– Executive Director
Joe Whitney– Resident Services Director
Oat Whitney– CEO
Rose Marie Whitney– CEO

Department Updates:

From The Kitchen: Thank you to all residents who came for the kitchen tours. Your feedback and interest helps us serve you better.

Resident Services: Welcome Maggie our new overnight RA!

Bookkeeping: Please only take a snack at the front desk if you do not have any snacks in your room. Many residents have a collection of snacks that are not eaten and are past the expiration. Help us with cost savings and for your own health by only taking snacks if you intend to eat them.

Medication Coordination: Join us on Thursday the 21st for our Medication Class. We will explain what we do for the residents and answer any questions you may have.

Maintenance: Help us reduce the risk of fires. Use only 1 surge protector in your room. No extension cords, electric blankets or heating pads. Do not have heat scented potpourri (plug ins or candles). By making sure these items are not used we can prevent a fire from starting.

FYI

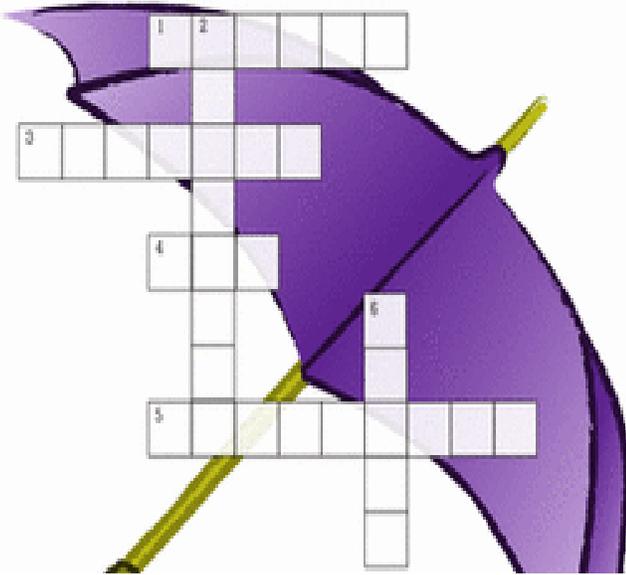
If you would like information on LDS services please speak with Helen Graul.

Outing Procedures have been changed. Please see the bright green flyers on the Calendars. This will explain the new process for going on outings beginning the month of April.

Join The Garden Club starting this month, we will be working on getting the soil ready for planting. Look for dates and times on the April Calendar.

Puzzler

spring crossword rainy days



Across

1. A small pool of water.
3. A bow shaped display of colors.
4. Soaked with water.
5. A coat made of waterproof material.

Down

2. A portable canopy that protects user from the rain.
6. a brief fall of rain.

Word Bank

Wet Umbrella Rainbow Puddle Raincoats Shower

The Granville Buzz:

Community Outreach Opportunity

Join us Mondays at 1pm on the 3rd floor. We will be hosting the Developmentally Disabled Adults from Continuum Colorado. Instead of bowling on Monday mornings we have changed the activity to something different each time they come. We will do crafts, games, and bingo with them. This is a great way to give back to our community and allow them the opportunity to be active during their day.

Reminiscing With

Marie Gillis

Little Marie Garvin was born in La Porte, Indiana, but they moved to Chicago when she was six. Marie went to live with her Lithuanian Grandparents and started 1st grade where she learned English. They still spoke Lithuanian and they still continued their old customs. This created a very lonely environment, with no one to talk with or to play with. She became very shy and timid. As I listened to Marie, I could hear a faint melody weaving in and out and mixing with her experiences. Something helped Marie to keep learning and to persevere. Her mother remarried and moved to Detroit. She graduated from High School and went to work at Allstate Insurance as a file clerk, then worked up to Supervisor of Underwriters.

Marie went to a dance one night and met Duncan Gillis. Their very first dance was to the song, "The Girl that I Marry." He took her home on the streetcar and she reluctantly gave him her phone number. He went to War in France, came home and went to Michigan State, graduating with a major in Horticulture. His family owned greenhouses, so when they got married they bought a greenhouse and even lived in it, making additions to the building as their family grew. After their sixth child they bought a wonderful old house known as the "100 year old farm house". Now there was lots of room to play and lots of neighborhood kids to play with. Over the years they acquired 5 greenhouses and produced 8 children, 6 boys and 2 girls. Maria cashiered, took care of customers and their 8 children.

Duncan was elected to the City Council, then Mayor, so they spent a few years with the public in politics, then they came to a crossroad and decided to divorce after 35 years, and go separate directions. They did keep in touch. Marie was strong now, and confident and had shouldered much of the responsibility for their success. She began carving out a career of her own, with a college in Detroit., then she moved to Denver, following her daughter. She started at Metro State University, and graduated with a Bachelor of science, with a major in Psychology and Mental Health. Then she took a job as Counselor of all ages, including geriatrics, at West Pines Behavioral Health Hospital. Marie is a very humble, and compassionate woman.

Till next time.....Lola Berg