

# The Granville Gazette

## Thanksgiving

**“You say, 'If I had a little more, I should be very satisfied.' You make a mistake. If you are not content with what you have, you would not be satisfied if it were doubled.”**

**Charles Haddon Spurgeon**

What a great reminder during Thanksgiving to be truly thankful for what you have. At times we all want more than what we have; be it money, or possessions or time with family or friends. But how appreciative are you of what is right there in front of you now? Of course more money would be nice, but would you spend \$10 any differently than you would spend \$5? Or would spending more time with your family really make you happier or would you start to take them for granted?

Do you take the time to get to know your neighbors and friends who live here? There are many who come from fascinating backgrounds and others who are great listeners and still others who have amazing hidden talents.

If you believe similarly, you will reflect on the things you do have and the gratefulness you feel will remind you that your happiness is really up to you. Each and every day you can remind yourself of the things you have and choose to be grateful. Or not.

This Thanksgiving, try pondering those things that you are truly grateful for, even if these things seem miniscule. Remember the words of Frederick Keonig, “we tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have.”

Happy Thanksgiving to you all!

Sara Taylor  
Executive Director

## November 2018



**From the Activities Director:**

### **That Newfangled Technology**

Technology, love it or hate it....it is here to stay. There are so many different types of technology out there in various forms it is easy to dismiss it all as unnecessary noise.

BUT, the reality is, technology can be incredibly helpful if you know how to use it properly. For this reason Kimber and I have been considering adding new classes to our activity calendar that involve introducing some of the more helpful tools.

This includes tablet and computer tutorials, explaining ride share services like Lyft and Uber, TV streaming like Amazon or Roku, as well as getting extra help with your smart phone.

If there is another form of technology, or tool you would like to learn about, let us know. We hope to start these classes in December!

Carrie Peters-Activities Director

### **November Outings**

**11/5 Walmart**

**11/14 Black Eyed Pea**

**11/20 Arc/ \$ Tree**

**11/28 Hammonds Candy Factory**

**11/30 Sprouts/TJ Maxx**

# Welcome to The Granville:



**Susan Wolfskill**



**Basil Turiansky**



**Judy Liddy**



**Dora Sena**



## Resident Who Have Moved

Bill Cooley  
Russ Murphy

## Residents Who Have Passed

Pat Kincaid  
Felma Maddox  
Keith Whiting



# *Happy Birthday!*

## Residents

**Dema Bailey** 11/4  
**Carmen Rosado** 11/5  
**Charles Shea** 11/5  
**Betty Rossow** 11/7  
**Susan Wolfskill** 11/8  
**Charlotte Hull** 11/9  
**Nadine Maurer** 11/10  
**Sally Forney** 11/11  
**Betty Dale** 11/13  
**Gilbert Karp** 11/28

## Staff

**Leonardo Lopez** 11/12  
**Sandy Rosales** 11/16  
**Lisa Rodriguez** 11/18  
**Emma Jade Rodriguez** 11/21  
**Nancy Herrera** 11/23



## Puzzler

### Thanksgiving Word Scramble

Unscramble these Thanksgiving words.

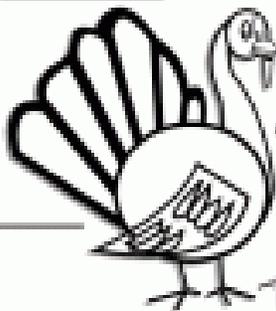


SMIILPRG \_\_\_\_\_



MIYFAL \_\_\_\_\_ RCON \_\_\_\_\_

EYTRUK \_\_\_\_\_



ATSFE \_\_\_\_\_

LROSL \_\_\_\_\_



DEMSHA OTAPTSOE \_\_\_\_\_



CNRRREEBAIS \_\_\_\_\_



MNUPIKP IPE \_\_\_\_\_



UFTFIGNS \_\_\_\_\_

## The Granville's Department Head Staff

Urbano Avila– Food Services Director  
Gabby Cobourn—Staff Development Coordinator  
Kathy Brock– Bookkeeper/Marketer  
Andrew Cortinez– Maintenance Coordinator  
Carrie Peters– Activities Director  
Jaime Tafoya– Medication Coordinator  
Sara Taylor– Executive Director  
Joe Whitney– Resident Services Director  
Oat Whitney– CEO  
Rose Marie Whitney– CEO

## Department Updates:

**From The Kitchen:** If you would like to take the rest of your meal out of the dining room, please ask for a to go box.

**Resident Services:** Please be patient with the new staff members who are assigned to your floor, a little extra patience and kindness can go a long way and help them with their day.

**Book Keeping:** Join us for Thanksgiving Bingo on November 20th.

**Medication Coordination:** During doctor's appointments it is helpful to ask for a summary or progress note so it can be shared with us. This is especially true if any changes are made to your care or medications; a doctor's signature is required.

**Maintenance:** The snow and ice will be here before we know it. Though we do our best to ensure that the sidewalks and parking lot are clear, please continue to use caution when walking outside during the winter months.

## FYI

New Chair Yoga class will begin on November 5th at 2:15pm and will be every other week. This class is taught by Mary Sims a certified Yoga Instructor. Watch for a flier with more information regarding the class and instructor.

Have you mailed in your ballot yet? The latest a ballot can be received is on November 6th by 7:00pm. If you need assistance dropping off your ballot speak with Carrie...every vote counts!

**There will be many decorations placed around the building the next few months. Please help continue the festive spirit by leaving them hanging on the walls for all to enjoy.**

*Irving Berlin's  
White Christmas*

*At the Buell Theater*

*December 6th*

*Sign up at the*

*Front Desk*

*Tickets are \$13.75 each*

Christmas Tree Decorating  
With JCOS Students

Friday, November 30th  
1:45 pm in the Front Lobby

We will be decorating the  
Christmas Trees and enjoying  
Cocoa and Cookies

**Thank You for all the  
Candy Donations**

**We hope everyone had fun during the  
Halloween Festivities This Year!**

*The Granville's Annual Resident and Family Holiday Party  
will be held on Saturday, December 8, 2018.*

*There will be two seatings for lunch,  
11:30am and 1pm.*



*Please RSVP by December 4th by calling 303-274-4400  
and indicate which seating time you would like.*

*To ensure seating, please RSVP early as there will be  
limited seating for large groups.*

*Limit 5 guests per resident.*